

*Aus dem Herzen der Schweiz!*



EDIS® Bio Bachblüten | Nahrungsergänzungen

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***Flow chart for the production process of Bach flower essences  
and Bach flower concentrates (original method of Dr Bach)***

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**Current version:**

***Edition 1 Created on: 1.12.2018***

***Edition 2 Created on: 6.2.2019***

**Marking of modifications:**

Changes to the previous version are indicated by a yellow text background.

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### Flow chart for the production process of Bach flowers (mother tinctures) according to the sun method

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#### **List of essences:**

Agrimony, Agrimonia eupatoria, Odermennig  
Beech, Fagus sylvatica, Rotbuche  
Centauray, Centaurium umbellatum, Tausendgüldenkraut  
Cerato, Ceratostigma willmottiana, Bleiwurz, Hornkraut  
Chicory, Cichorium intybus, Wegwarte  
Clematis, Clematis vitalba, Weisse Waldrebe  
Gentian, Gentiana amarella, Herbstenzian, Bitterer Enzian  
Gorse, Ulex europaeus, Stechginster  
Heather, Calluna vulgaris, Schottisches Heidekraut  
Holly, Ilex aquifolium, Stechpalme  
Honeysuckle, Lonicera caprifolium, Jelängerjelier  
Impatiens, Impatiens glandulifera, Drüsentragendes Springkraut  
Mimulus, Mimulus guttatus, Gefleckte Gauklerblume  
Mustard, Sinapis arvensis, Wilder Senf  
Oak, Quercus robur, Eiche  
Olive, Olea europaea, Olive  
Pine, Pinus sylvestris, Kiefer, Schottische  
Red Chestnut, Aesculus x carnea, Rote Kastanie  
Rock Rose, Helianthemum nummularium, Sonnenröschen  
Rock Water, Aqua salivationis, Quellwasser  
Scleranthus, Scleranthus annuus, Einjähriger Knäuel  
Star of Bethlehem, Ornithogalum umbellatum, Doldiger Milchstern  
Sweet Chestnut, Castanea sativa, Edelkastanie  
Vervain, Verbena officinalis, Eisenkraut  
Vine, Vitis vinifera, Weinrebe  
Walnut, Juglans regia, Walnuss  
Water Violet, Hottonia palustris, Sumpfwasserfeder  
White Chestnut, Aesculus hippocastanum, Weisse Kastanie  
Wild Oat, Bromus ramosus, Waldtresse  
Wild Rose, Rosa canina, Heckenrose

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Collecting of plant material

Cleaning and Control

Inserting in a bowl with spring water

Positioning of the bowl for 3 hours in sunlight near the mother plant

Filtering the extract

Preparation and preservation with (bio) alcohol,  
Adjustment of the total alcohol content to 30% alc vol.

Filling into storage bottles which are labelled with:  
Bio - Name of the essence - Date of preparation - Lot number

Dark storage at a maximum of 20 degrees Celsius

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## Flow chart for the production process of Bach flowers (mother tinctures) according to the cooking method

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### **List of essences:**

Aspen, Populus tremula, Zitterpappel  
Cherry Plum, Prunus cerasifera, Kirschpflaume  
Crab Apple, Malus pumila, Holzapfel  
Elm, Ulmus procera, Ulme  
Hornbeam, Carpinus betulus, Weissbuche  
Larch, Larix decidua, Lärche  
Willow, Salix vitellina, Gelbe Weide  
Chestnut Bud, Aesculus hippocastanum, Knospe der Rosskastanie

1. collecting of plant material
2. cleaning and control
3. mechanical shredding
4. aqueous extraction at approx. 95 degrees Celsius (for 15 minutes)
5. filtering of the extract
6. preparation and preservation with (bio) alcohol, Adjustment of the total alcohol content to 30% alc vol.
7. filling into storage bottles which are labelled with: Bio - Name of the essence - Date of preparation - Lot number
8. dark storage at a maximum of 20 degrees Celsius

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***Flow chart for the production process of Bach flowers  
(alcoholic stockbottles)***

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1. visual and sensory evaluation of the original essence
2. preparation of the mother tincture with alcohol according to Dr. Bach's specification 1:240
3. adjustment of the alcohol content to the desired concentration (e.g. 20% alc vol)
4. visual and sensory evaluation
5. filling into suitable bottles
6. labelling of bottles

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***FlowcChart for the production of Bach flowers  
(non alcoholic stockbottles)***

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1. visual and sensory evaluation of the original essence
2. preparation of the mother tincture with agave syrup according to Dr. Bach's specification 1:240
3. visual and sensory evaluation
4. filling into suitable bottles
5. labelling of bottles